

From the President's Desk 2020 - 2021



MENTAL HEALTH AND WELL-BEING FOUNDATION



TEAM MEETING

Dr. Francis Acquah met the members of the organising committee including Prof. Wali Mutazammil and Dr. Wran Julia for the Perdim Medical Seminar in Kuala Lumpur.

GLOBAL YOUTH MENTAL WELLNESS SUMMIT

Dr. Francis Acquah promoting Global Youth Mental Wellness Summit at the Perdim Medical Seminar.



MENTAL HEALTH CONFERENCE

Dr. Francis Acquah participated in a two days Mental Health Experiential Conference in Kuala Lumpur.



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OPERATIONAL TEAM MEETING INVITATION

with
Dr. Francis Acquah
President-MHWBF

TEAM MEETING

Venue: Accra Metro Health Directorate Conference Room, Adabraka
Date: Friday January 29, 2021
Time: 11:00 am-1:00 pm

For budgeting purposes, kindly confirm attendance by Monday 25 January 2021

Operational Team Meeting was successfully conducted in the presence of Dr. Francis Acquah, President, MHWBF on 29th of January 2021.

HANDOVER CEREMONY

Dr. Francis Acquah talking to the media regarding the handover ceremony for the toilet facilities to the Cured Lepers Villages in Godokpe, Volta region in Ghana.



The Australian High Commissioner, Ghana.
H.E. Gregory Andrews



President, Mental Health and Well-being Foundation
Dr. Francis Acquah

GLOBAL MORNING SHOW

H.E. Mr. Gregory Andrews, The Australian High Commissioner to Ghana and Dr. Francis Acquah, President, MHWBF were live on Global Morning Show with Randy Edudzi Ahadzi in Global FM where they discussed about the Mental Health issues.

LIVE ON

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AND WELL-BEING
FOUNDATION**

COMMUNITY VISIT



H.E. Mr. Gregory Andrews, The Australian High Commissioner visiting the local community in Cured Lepers Villages and listening to their concerns and feedback.

COVID19 RESPONSE

Dr. Francis Acquah donating food items during the 6th Melbourne Lockdown to the African Community under the Mental Health and Well-Being Foundation.



MULTICULTURAL MENTAL HEALTH

Dr. Francis Acquah was one of the Keynote Speakers in the online forum which discussed the Royal Commission's findings about the mental health system's response to people from migrant and refugee backgrounds, and what the Victorian Government's reforms means for the multicultural sector.



Keynote Speaker:
Steve Dimopoulos MP
Parliamentary Secretary
for Mental Health

27 JULY 2021 | 10:30AM - 12:30PM

Multicultural Mental Health: The Road Ahead

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MENTAL HEALTH AND WELL-BEING FOUNDATION

GLOBAL SUMMIT ON NURSING AND HEALTHCARE

2019

Global Summit on Nursing and Healthcare runs on the theme "Exploring the innovations, emerging issues, challenges and practical experiences in Nursing and Healthcare" and will cover latest

Keynote Speaker



GLOBAL SUMMIT

Dr. Francis Acquah participated in the Global Summit on Nursing and Healthcare in Czech Republic as a Keynote Speaker.

AWARD CEREMONY

The Mental Health and Well-Being Foundation 2020 award ceremony at the residence of the Australian High Commissioner in Ghana.



Francis Acquah
Global Goodwill Ambassador



Humanitarian



09/03/19

Francis Acquah

Initiated by: Jasmina Siderovski, Chair of Oceania, Global Communications Team ~ Presented by: Richard DiPilla, Founder ~ GGA

GLOBAL GOODWILL AMBASSADOR AWARD

Dr. Francis Acquah was awarded with the Global Goodwill Ambassador by the Global Communications Team from the Global Goodwill Ambassadors Foundation in Australia.

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MENTAL HEALTH AND WELL-BEING FOUNDATION



UNIVERSITY OF NEWCASTLE

Ghanian PhD students at the University of Newcastle, New South Wales, Australia.

MEETING THE HIGH COMMISSIONER

Dr. Francis Acquah met H.E. Dr. Joseph N.S.C. Agoe, Ghana High Commissioner to Australia in 2021 with the Ghana PhD students at University of Newcastle.



CERTIFICATE OF RECOGNITION

MENTAL HEALTH FIRST AID AUSTRALIA

congratulates

Francis NiiLanteye Acquah

on becoming a **MASTER INSTRUCTOR**
upon conducting 30 Mental Health First Aid Courses

We acknowledge your commitment to working towards a world where everyone has the first aid skills to support people with mental health problems.

MASTER INSTRUCTOR

Dr. Francis Acquah has been recognised as a Master Instructor by Mental Health First Aid Australia.

WEBINAR



Providing culturally responsive mental health care during COVID-19 and beyond

WEBINAR

CULTURALLY RESPONSIVE MENTAL HEALTH CARE

Providing culturally responsive mental health care during COVID-19 and beyond



Dr Vu Le

GP, Vic

Vu grew up in the west of Melbourne in a family of eight. His father is a refugee from

Vietnam. Vu studied at the

University of Melbourne and graduated in 2003. He gained his General Practice Fellowship in 2008.

Vu opened the Sunshine Ultimate Care Clinic in 2009 to serve refugees and immigrants in the area. Through his work at the clinic, Vu sees a lot of patients from diverse backgrounds with various chronic health and mental health issues.

Vu is married with three children and enjoys working in western Melbourne where he recognises the significant need for support services.

In Australia, Radhika has worked in tertiary hospitals, universities and health services as a clinical consultant and senior lecturer. Currently, Radhika works in Melbourne in collaboration with organisations that work with refugees, asylum seekers, culturally and linguistically diverse (CALD) groups and indigenous families.

Radhika's major interest areas are - ways of working with cultures, attachment theory and therapeutic work, narrative methods of practice and finally, enhancing reflective capacity of practitioners through peer group supervision.



Dr Francis Roger Nii Lanteye Acquah

Mental Health Nurse, Vic

In December 2017, Francis was awarded Doctor of Science (D.Sc.)

Honoris Causa by the Commonwealth University. Francis is a Credentialed Mental Health Nurse and the Executive Director of Positive Wellness Recovery Centre (PWRC) and the President of the Mental Health and Well-being Foundation based in Ghana and Australia.



Dr Radhika Santhanam - Martin

Clinical Psychologist, Vic

Dr Radhika Santhanam-Martin is a clinical psychologist who works in the field of trauma. She has more than two decades of experience in clinical practice in institutions in India, Canada and Australia.

Dr. Francis Acquah spoke and shared his ideas and experience during the webinar titled Providing culturally responsive mental health care during COVID-19 and beyond.