

Title of Conference

***2nd Mental Health and
Well-being Conference of
Ghana***

Theme of the Conference

***‘Dignity in Mental
Health’***



Conference Dates

12 – 14 October 2015

Conference Venue

***Ghana College of
Physicians and Surgeons
54 Independence Avenue***

Accra – Ghana

CONFERENCE PROGRAM

Monday 12 October 2015

07:30–09:00 **Registration | Cultural Drumming**

09:00–10:30 **OFFICIAL CONFERENCE OPENING**

Master of Ceremonies: **Mr Kwame Asante**

Opening Remarks

Chair: **Professor Joseph Bediako Asare**,
Chairman of the Mental Health Authority of
Ghana

Welcome Addresses

Mr Francis Acquah, President, Mental Health
Foundation of Ghana

Dr Victor Doku, President, Mental Health
Educators in the Diaspora

Dr Akwasi O. Osei, CEO of the Mental Health
Authority of Ghana

Cultural Drumming

Her Excellency Joanna Adamson, Australian
High Commissioner to Ghana

Hon ET Mensah, MP – President's Priority
Projects – Office of The President

Hon Alhaji SA Rack Nartey, DCE of Ningo-
Prampram District Assembly

Associate Prof Chris Kewley, University of
Newcastle, NSW, Australia

Cultural Drumming

Remarks and Award Presentation

KEYNOTE ADDRESS

Hon. Alex Segbefia, Minister of Health
Ghana

10:30–11:00 **REFRESHMENT BREAK**

11:00–12:30 **Plenary Sessions**

Chair: **Dr Prudence Portia Mwini-
Nyaledzigbor**, Dean, School of Nursing,
Midwifery and Public Health Nursing
University of Health and Allied Sciences, Ho,
Ghana

**Living with Schizophrenia in the Ghanaian
Community**: **Mr Bright Akpalu**, Lecturer and
Mr Divine Kporha et al; University of Health
and Allied Science, Ho, Ghana

**22214 - Kenya's FREE Mental Health SMS
Breaking Stigma and Offering Support One
Text at a Time**: **Ms Sitawa Wafula**

Mental health/epilepsy crusader and
blogger, 'My Mind, My Funk', Kenya

12:00–13:00

13:00–14:00

14:00–15:00

15:00–15:30

15:30–16:30

17:00–18:00

18:00

**First Episode Psychosis Services and Training
to Support Care**: **Dr Euan Hail** Clinical Lead
for Psychosis Service, Hywel Dda Health
Board, Wales, UK

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Plenary Sessions

Chair: **Mr Augustine Paapa Sagoe**,
Organisational /Mental Health Consultant
and Leadership Coach, UK

**Building Human Resource Capacity in
Mental Health: The Experience of IOM
Ghana**: **Ms Sylvia Lopez-Ekra** Chief of
Mission, International Organization for
Migration, Ghana

**Identifying People with Mental Health
Conditions for referral to Mental Health
Services**: **Dr Victor Doku**, President, Mental
Health Educators in the Diaspora

Mental Health Promotion Ensures Dignity
Mr Noah Boakye-Yiadom, Health Promotion
Coordinator, Central Zone Addiction and
Mental Health, Alberta, Canada

Plenary Sessions

Chair: **Professor John Gyapong**, Pro Vice
Chancellor, University of Ghana

**The calm after the storm: Augustina and her
Psychotic break**: A video presentation **Ms
Augustina Ampofo**, Alberta, Canada

**The Development of Psychiatry in Germany
since the 'Psychiatrie-Enquete' - 1975**: **Dr
Med Ernest Wilson**, Neurologist, Psychiatrist
and Psychotherapist, NeuroPsychoNet,
Colongne, Germany

REFRESHMENT BREAK

Plenary Sessions

Chair: **Associate Prof Chris Kewley**,
University of Newcastle, NSW, Australia

**Assessing, Detecting and Caring for People
with Mild Cognitive Decline and Dementia
in the Ghanaian Context**: **Mr Oscar Jo'sai**,
MHED and **Ms Naana A. A. Agyeman**, Centre
for Global Mental Health, UK

**Stigma, Discrimination and Social Exclusion
of the Mentally ill: The case of Ghana**:
Professor Magnus Mfofo-M'Carthy, Wilfrid
Laurier University, Faculty of Social Work,
Ontario, Canada

**2nd Annual General Meeting of the
Mental Health Foundation of Ghana**

WELCOME RECEPTION FOR DELEGATES

Tuesday 13 October 2015

Room	09:00-12:00	13:00-1600
Examination Room	<i>Community Based Rehabilitation for People with Mental Health Conditions</i> Facilitators: Mr Eben Ofe-Boakye, Mr Max Tagoe <i>Bridging the Gap Between the Disability Movement and Mental Healthcare in Ghana</i> Facilitator: Mr Dan Taylor, Mind Freedom plus Social Workers TBA Target groups: Mental health professionals and Students	<i>Understanding Psychotropic Medication</i> Facilitators: Mr Courage Danku, Ms Grace Owusu-Aboagye, Mr Serebour, Ms Shiela Botchway, Mr Chief Coker, Pharmacists Ghana Dr Ernest Wilson, Neurologist, Psychiatrist and Psychotherapist, Germany Target groups: Mental health professionals, students and pharmacists
Room 2	<i>Training Pastors and other Faith Healers in Identification and Humane Management of People with Mental Health Disorders</i> Facilitators: Dr Wusu-Takyi, George Awuah Fosu, and Eben Ofe-Boakye, Mental Health Educators in the Diaspora Target groups: Pastors, faith healers and religious leaders, consumers, NGOs, police, students and prison officers	<i>Research Protocol Training Workshop for Field Project Students.</i> Facilitators: Ass. Prof Chris Kewley, Dr. George Kweifio-Okai, Dr Victor Doku, Mr Bright Akpalu Targets group: Identified students
Room 3	<i>Intervening in Maternal Mental Illness with Baby in Mind</i> Facilitator: Professor Anne Buist, Professor of Women's Health, University of Melbourne, Austin Health and Northpark Private Hospital and International Advisor MHFGH Target groups: Mental health professionals, mental health administrators, midwives, stakeholders, NGOs, students and funding bodies	<i>The Role of Social Workers in the Delivery of Mental Health Care in Ghana</i> Facilitators: Mr Kwame Asante and Professor Magnus Mfoafo-M'Carthy and staff member from Dept. of Social Welfare, Ministry of Gender, Children and Social Protection Target groups: Mental health professionals, mental health administrators, stakeholders, NGOs, students and funding bodies
Zero Room	<i>Mental Health First Aid Standard 12 hour Course Day 1 with kind permission from Associate Professor Betty Kitchener AM, Mental Health First Aid Australia</i> Facilitators: Mr Francis Acquah, President Mental Health Foundation of Ghana – Melbourne Australia and Mr Noah Boakye-Yiadom, Health Promotion Coordinator, Alberta, Canada Target groups: Pastors, faith healers and religious leaders, consumers, NGO's, police, students and prison officers	

Wednesday 14 October 2015

Room	09:00-12:00	13:00-1600
Examination Room	<i>A Crisis Resolution and Home Treatment Team (CRHTT) Service Innovation for Ghana</i> Facilitators: Mr Paa Kwesi Otchere, Mr Francis Adzinku, Mental Health Educators in the Diaspora Target groups: Pastors, faith healers and religious leaders, consumers, NGO's, police and prison officers	<i>Physical Health Care for People with Serious Mental Health Conditions</i> Facilitators: Mr Daniel Mensah, Mr Eben Ofe-Boakye, Mr Francis Adzinku, Mr Paa Kwesi Otchere, Mr Matthew Agbolebe Target groups: Mental Health Professionals
Room 2	<i>Development of a Ghanaian Non-government Mental Health and Anti-stigma 'Watch Dog' Organisation and Strategy</i> Facilitator: Associate Professor Christopher Kewley, Faculty of Health and Medicine, University of Newcastle, Australia, Mr Bright Akpalu, Lecturer and Mr Divine Kporha et al; University of Health and Allied Science, Ho, Ghana Target groups: Pastors, faith healers and religious leaders, consumers, NGO's, police, students and prison officers	
Room 3	<i>Identification and Management of Perinatal Psychiatric Disorders</i> Facilitators: Professor Anne Buist, Professor of Women's Health, University of Melbourne, Austin Health and Northpark Private Hospital and International Advisor MHFGH, Dr Annette Amodu and Mr Peter Prah MHED Target groups: Mental health professionals, mental health administrators, midwives, stakeholders, NGOs and funding bodies	<i>Skills Training for the Effective Implementation of the Mental Health Tribunal</i> Facilitators: MHED, Mr Max Tagoe, Mr Peter Prah, Dr Wusu-Takyi, Dr Victor Doku and a representative Blavo & Co. Target groups: Mental health professionals and students
Zero Room	<i>Mental Health First Aid Standard 12 hour Course Day 2 with kind permission from Associate Professor Betty Kitchener AM, Mental Health First Aid Australia</i> Facilitators: Mr Francis Acquah, President Mental Health Foundation of Ghana, Melbourne Australia and Mr Noah Boakye-Yiadom, Health Promotion Coordinator, Alberta, Canada Target groups: Pastors, faith healers and religious leaders, consumers, NGO's, police, students and prison officers	

1600 - CONCLUSION OF SESSIONS - PANEL SUMMATION: ZERO ROOM

Moderator: **Dr Anna Dzadey**

Panel: **Dr Victor Doku** | **Associate Professor Christopher Kewley** | **Dr George Kweifio-Okai** | **Professor Anne Buist**
| Dr Akwasi Osei | **Professor Magnus Mfoafo-M'Carthy** | **Dr Annette Amodu**

FAREWELL UNTIL NEXT TIME...

DRINKS AND MUSIC IN THE COURTYARD

Mental Health Foundation of Ghana – www.mhfg.org

Conference Sponsors and Supporters

We gratefully acknowledge the generous support of the following organisations:



University of Newcastle, Australia



Positive Mental Health Program
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Mental Health Educators in the Diaspora

www.mentalhealtheducators.org



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